



Native Village of Afognak
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Recovery Services

Resource Booklet

Kodiak, Alaska

Recovery Services Resources Booklet

The purpose of this booklet is to make known the recovery services that are available in Kodiak.

The agencies listed in the booklet are in alphabetical order and provide a wide array of services. For more information on any of the services listed, please contact the agency directly.

For your information, the following is a list of resources which may or may not relate to substance abuse.

Alaska State Troopers
907-486-4121

American Red Cross
877-272-9647

Child Abuse Hotline
800-422-4453

Emergency Shelter
907-486-5610

Domestic Violence Hotline
800-799-7233

Providence Hospital
907-486-3281

Sexual Abuse Hotline
800-656-HOPE

Kodiak Women's Resource Crisis Center
907-486-3625 - Crisis Line

STD Information and Testing
Kodiak Public Health
486-3319

Suicide Hotline
800-273-TALK

Kodiak Police Department
907-486-8000

Kodiak Fire Department
907-486-8040

Salvation Army
1855 Mission Rd
Kodiak, AK 99615
(907) 486-8740

- Transitional Housing
- Alcohol / Narcotics Anonymous Meetings
- Youth Character Building Programs
- Worship Center

Please call for complete listing of services.

St. Innocents Academy
PO Box 1517
Kodiak, AK 99615
(907) 486-4376
www.stinnocentsacademy.org

St. Innocent's Academy is an alternative educational program for young men of high school age and older. It encompasses both those considered "at-risk" and stable young men alike. Many of them have need of secure anchoring as an antidote to modern rootlessness and lack of values.

The purpose of the Academy is to help them know themselves and to act as men created in the image and likeness of God, to foster their sense of human dignity and worth, and to help them develop life skills which will prepare them to take advantage of a wide range of opportunities as adults.

Please visit the website, or call for complete listing of services.

FAMILY FOCUSED SERVICE PROGRAM:

Home and community based program with a focus on family involvement

This program is staffed with a master’s level counselor with a substance abuse certification.

Confidential services include:

- Family Consultation
- Assessment and outpatient therapy
- Family crisis intervention services
- Life skills groups for children, adolescents, and parents

MENTAL HEALTH AND PSYCHIATRIC EMERGENCY PROGRAM:

Outpatient mental health treatment and hospital psychiatric emergency services

This program is staffed with licensed mental health clinician’s.

Confidential services include:

- Child, adolescent, adult and couples therapy
- Mental health, substance abuse and psychiatric assessments
- Anger Management
- Medication Monitoring
- Available 24 hours per day (486-3281)
- Involuntary treatment services



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Brother Francis Shelter
410 Thorsheim Street
Kodiak, AK 99615
907-486-5610

- Alcoholics / Narcotics Anonymous Meetings
most days per week
- Evening meal, no charge
- Emergency shelter, no charge
- Free screening from physician once per month

Please call for complete AA and NA meeting schedule.



COMMUNITY SUPPORT PROGRAM:

Rehabilitation services for severe mental health needs

This program is staffed with case managers. Services are provided for severely emotionally disturbed youth and severely mentally ill adults, with an emphasis on a social rather than medical approach.

Services include:

- Psychiatric rehabilitation to people facing severe challenges
- Individual and group skill development
- Pre-vocational and vocational services, leading to employment
- Case management services
 - * Linkage with service agencies
 - * Obtaining and maintaining benefits
 - * Advocacy
 - * Referral to and monitoring of medication management program
- Adult transition apartments
- Homeless and community outreach

[Providence Kodiak Island Counseling Center](#)
717 East Rezanof Drive
Kodiak, AK 99615
(907) 481-2400

SAFE HARBOR PROGRAM:

Outpatient substance abuse treatment

The program is staffed with certified Chemical Dependency Counselors (CDC I & II).

Confidential services include:

- Substance Abuse Assessments
- Outpatient individual, group and family Counseling Services
- Intensive Outpatient Services
- Alcohol and Drug Information School (Adult education class)
- Prime for Life Class (Youth education class)
- Family Education Support
- Urine and Breath Alcohol Testing



[Celebrate Recovery](#)
[Frontier Southern Baptist Church](#)
1910 Rezanof Drive
Kodiak, AK 99615
(907) 942-0213

The purpose of Celebrate Recovery is to fellowship and celebrate God's healing power in our lives through the 12 steps and 8 Recovery Principles. This experience allows us to be "changed". We open the door by sharing our experience, strength and hopes with one another. In addition, we become willing to accept God's grace in solving our lives' problems.

Thursday Evenings

- 7-8 pm Large Group Session
- 8-9 pm Small Group Session
- Fellowship after small group sessions at The Rock Café (in the church kitchen).

Discovery Cove Recovery and Wellness Center

2975 Mill Bay Road, Ste B

Kodiak AK 99615

907-487-2223

Email: discoverycove@alaska.net

Mental Health and Psychiatric Services

- Behavioral Problems—school, home, work
- Couples / Marital counseling
- Depression / Mood Problems
- Employee Assistance Programs
- Anxiety / Life Transitions / Trauma Therapy
- CBT, DBT, & EMDR (Trauma Recovery)
- Family Therapy

Psychiatric/Medication Assisted Treatment

- Medication Assistance and Management
- Suboxone Treatment for Opiate Addiction

Outpatient Substance Abuse Treatment

- Outpatient Substance Abuse Treatment
- Education
- Prime for Life—Youth
- Alcohol Drug Information School
- Outpatient & Intensive Outpatient Programs
- ASAP Approved Programs

Insurance Provider For:

Alaska Care, Ann Clark, Magellan, Medicaid, Premiera Blue Cross / Blue Shield, Triwest, United Behavioral Health, V.A., Victims of Crimes, Wellness 2000

CHAP Telephone Directory

Akhiok Health Clinic

PO Box 5009 - Akhiok, AK 99615

Hours: 9:00am—12:00pm, 1:00pm—3:00pm

907-836-2230—phone

907-836-2224—fax

Karluk Health Clinic

PO Box 22

Karluk, AK 99608

Hours: 10:00am—12:00pm, 1:00pm—3:00pm

907-241-2212—phone

907-241-2213—fax

Larsen Bay Health Clinic

PO Box 127 - Larsen Bay, AK 99624

Hours: 9:00am—12:00pm, 1:00pm—3:00pm

907-847-2208—phone

907-847-2264—fax

Old Harbor Health Clinic

PO Box 72 - Old Harbor, AK 99643

Hours: 9:00am—12:00pm, 1:00pm—4:00pm

907-286-2205—phone

907-286-2255—fax

Ouzinkie Health Clinic

PO Box 149 - Ouzinkie, AK 99644

Hours: 9:00am—12:00pm, 1:00pm—3:00pm

907-680-2265—phone

907-680-2292—fax

Port Lions Health Clinic

PO Box 12 - Port Lions, AK 99550

Hours: 9:30am—12:00pm, 1:00pm—4:00pm

907-454-2275—phone

907-454-2526—fax

Family and Youth Integrity Program

Open to the public

Family and Youth Integrity Program (FYI) is an outpatient youth program that provides care to youth between 13-18 years of age who are at high risk for leaving the island for residential care.

Treatment is provided for a child who is severely emotionally disturbed. Staff providing treatment work with him/her as well as their families on skills to build on their strengths. In 20 hours a week, they work on social skills, leisure skills, substance abuse education and workbooks, daily living skills and communication skills.

The youth stay in the program until they and their families have the skills to help them succeed.

Community Health Aide Program (CHAP)

The CHAP Program is staffed by a Manager and Assistant Manager located in the Kodiak clinic, and Community Health Aide/Practitioners (CHA/P's) in each of the six village communities on Kodiak Island. CHA/P's provide primary health care services in the villages. CHAP offices/clinics are open Monday—Friday and CHA/P's provide emergency on-call services outside of normal clinic hours.



Kodiak Area Native Association

3449 Rezanof Dr E
Kodiak AK 99615
(907) 486-9800

*** Must possess a Certificate of Indian Blood (CIB) to be eligible for services ***

Behavioral Health Department

The Behavioral Health program provides therapeutic counseling for individuals, families and groups Monday through Friday. The department has staff in Kodiak as well as each of the six village communities through the Behavioral Health Aide Program. Services provided by the department include:

- Anger Management, Outpatient, Intensive Outpatient and Aftercare Groups
- Community Training & Classroom Presentations
- Village Clinician Visits
- Mental Health Counseling & Crisis Response
- Behavioral Health Assessments, Treatment Plans, Case Management.
- Senior Meal Delivery in Village Communities
- Medical Social Work
- Home Visits
- Village Health Fairs & Other Activities Promoting Healthy Families



Alcohol and Substance Abuse Program

This program is staffed with Certified Chemical Dependency Counselors (CDCII and CDCS). KANA provides the following confidential services:

- Assessment
- Anger Management
- Treatment Planning
- Referrals
- Group Therapy
 - * Outpatient
 - * Intensive Outpatient
 - * Continuing Care
- Program Related Drug Testing
- Individual Sessions
- Prime for Life
- Village Based Substance Abuse Treatment Monitored by BHAs

Mental Health Program

This program is staffed by licensed mental health clinicians. KANA provides the following confidential mental health services:

- Mental Health Assessment and Diagnosis
- Individual Therapy for Adults and Elders
- Family Therapy
- Couples Therapy
- Play Therapy / Individualized Therapy for Youth and Children
- Grief and Loss Counseling
- Therapy for Childhood Trauma
- Anger Management
- Treatment and Support for Abused Women and Men



Behavioral Health Aides (BHA)

BHAs are community members trained to address mental health and substance abuse disorders and to provide prevention activities in the community. Behavioral Health Aides work to promote healthy individuals, families, and communities in rural Alaska Native Villages.

A Behavioral Health Aide is a counselor, health educator, and advocate to help address community behavioral health needs which include alcohol, drug, and tobacco abuse and mental health disorders such as depression, suicide, and related issues. BHAs seek to achieve balance in the community by bringing solutions and sensitivity to cultural needs.

BHAs can be contacted in the following villages:

Akhiok, 907-836-2208

Larsen Bay, 907-847-2358

Old Harbor, 907-286-2258

Port Lions, 907-454-2283

As of the date of the printing of this resource booklet, the BHA positions are vacant in Karluk and Ouzinkie.