

Native Village of Afognak

323 CAROLYN STREET, KODIAK, AK 99615

Place
Stamp
Here

TRIBAL COUNCIL

Loretta Nelson, Chairman
Meagan Christiansen, Vice Chairman
Natasha Hayden, Secretary
Loren Anderson, Member
Jim Dunham, Member
Ken Nelson Jr., Member
Malia Villegas, Member

STAFF

Melissa Borton, Tribal Administrator
Nancy Nelson, Program Administrator
Taletha Gertz, Program Administrator
Shurina Skonberg, Accounting Manager
Denise Malutin, Program Manager
Nina Gronn, Executive Assistant
Lynda Lorensen, Grants Manager
Kate Blondin, Office Assistant
Kristopher Hill-McLaughlin, Office Intern
Anthony Hoedel-Lukin, Office Intern
Skylar Gertz, Office Intern

*Stay connected with us by liking our
Facebook pages "Native Village of
Afognak" and "Dig Afognak" to keep up
to date with events !*



PHONE 907-486-6357 FAX 907-486-6529 www.afognak.org

Special Announcements

The NVA office will be closed for the following dates:

Monday, May 29, 2017 in observance of Memorial Day
Tuesday, July 4, 2017 in observance of Independence Day
Friday, August 11, 2017 in observance of NVA Constitution Day
Monday, September 5, 2017 in observance of Labor Day

Save the Date for NVA's Annual Meeting & Tribal Election

September 23, 2017 at Afognak Native Corporation,
300 Alimaq Drive, Kodiak, AK 99615



AG'WANERMUT

AFOGNAK
PEOPLE'S
NEWSLETTER

KASITAQ

Chair Letter

Cama'i Tribal Members: Staff and Council have been very busy at the start of this new year. This includes holding our 2nd Annual Dig Afognak fundraising dinner and live auction as well as traveling to various conferences.

On February 25th, we hosted our 2nd Annual dinner and auction. Just like last year, this event was well attended, fun and raised a substantial amount of money for camp. With over 50 vendors donating and 188 tickets sold, we raised \$17,000 towards our 2017 season. We are excited about next year's event, so keep an eye out as the date gets finalized.

Council and staff regularly travel to conferences and events to stay current on items that are pertinent to our people and advocate on various priorities. Council member, Natasha Hayden and Tribal Administrator, Melissa Borton traveled to Washington D.C. in February to the National Congress of American Indians Executive Winter Council Session. This annual conference gave NVA an in-depth look at the incoming administration's priorities as they relate to Native American policy and appropriations. Since NVA relies heavily on federal funding, this is an important item to track.

In March, Council member, Malia Villegas and Tribal Administrator, Melissa Borton attended the RES2017, Reservation Economic Summit. This conference allowed participants to hear from successful tribal businesses. NVA is in the midst of identifying business opportunities in order to diversify our revenue sources. Attendance at tribal economic development conferences enables our leadership to understand best practices while fleshing out potential business opportunities.

And lastly, Tribal Administrator, Melissa Borton represents our Kodiak Island Tribes and Villages on the Alaska Federation of Natives Board of Directors as well as the Governor's Tribal Advisory Council. Both of these groups, enables her to stay on top of issues facing our people both statewide and nationally as well as advocate on our behalf. One of her current priorities is changing the Fish and Wildlife Service and National Oceanic Atmospheric Administration regulations for harvesting marine mammals. Current regulations limit harvesting for only coastal Alaska Natives with 1/4 blood quantum. If the regulation is left in tact, our region will soon find that we will have very few people allowed to harvest marine mammals.

Along with all of these important issues, staff is preparing for our 2017 Dig Afognak season. Registrations are being accepted as of April 1st. We look forward to seeing as many tribal members at camp this year as possible.





NVA'S DIG AFOGNAK

2017 CAMP SCHEDULE

...an Alutiiq cultural experience

Native Village of Afognak's (NVA's) camps offer different themes for the five camps listed below. Each camp offers Alutiiq cultural activities such as the Alutiiq language, art activities, subsistence, traditional beading or skin sewing, spending time with respected Elders, nature walks, healthy friendships, banyas and a newly installed rope course/zip line.

Traditional Harvesting & Earth Camp **Registration deadline June 7th** **June 14th – June 19th****

Participants will take part in Alutiiq subsistence activities with local Elders and adult mentors, harvesting, preparing, and preserving traditional foods. The harvesting and recycling activities are designed to teach youth to preserve and keep our lands clean for future generations. Youth will also learn about the environmental risks we face today and the importance of protecting our environment that can harm our natural resources. **Youth ages 9 through 14 are invited.** \$100 for NVA Tribal Members and Descendants/\$200 for non-members.

Dig Afognak's "Survivor Camp" **Registration deadline June 16th** **June 23rd – June 28th****

During Survivor Camp the youth will learn important wilderness survival techniques through fun outdoor activities, games and competitions. Some of what the participants may learn this week will be about gun safety and have the opportunity to shoot a rifle, learn to read a compass and a GPS, administer emergency first aide, practice using survival suits, experience eating MRE's, kayak safety, learn what sea creatures, seaweeds and plants are edible, and how to build shelters and fires. **Youth ages 10 through 14 are invited.** \$100 for NVA Tribal Members and Descendants/\$200 for non-members.

Afognak Shareholder Camp **Registration deadline June 30th** **July 7th – July 11th****

Afognak Native Corporation (ANC) is sponsoring this camp for ANC Shareholders. Participants are invited to take part in cultural activities such as skin sewing, Alutiiq language, visit with long lost friends, and reminisce while touring the old village of Afognak, if weather permits. Shareholders will have an opportunity to do their subsistence fishing. Shareholder eligibility requirements: Afognak Native Corporation Shareholders plus one guest (guest is defined as an immediate family member); Lineal Descendants of shareholders are allowed to attend as space is available. No shareholder under the age of 15 is able to attend without a responsible adult present at camp; the responsible adult still needs to meet the basic eligibility requirements. We will be holding the Afognak Peoples Picnic on Saturday the 8th at the old village, or camp (weather depending). \$100 Per Camper and \$50 for those wanting to go on charter boat just for the picnic.

Cauyaq "Music"/Language Camp **Registration deadline July 8th** **July 15th – July 20th****

Youth participants will engage with Elders and culture bearers to learn traditional Alutiiq dance, music, songs, and more. Campers will have the opportunity to play traditional and other instruments and make dance regalia. Participants will apply what they have learned towards creating new and modern expressions that appeal to today's youth by participating in an evening of camp performances. **Youth ages 9 through 14 are invited.** \$100 for NVA Tribal Members and Descendants/\$200 for non-members.

Alumni Weekend **Registration deadline July 14th** **July 21st – July 23rd****

Former campers who have aged out of the camp program have the opportunity to return to the camp site and reconnect with Dig Afognak for adventure and reminisce about their past camp experiences. **Minimum age requirement of 18 and up.** \$100 for NVA Tribal Members and Descendants/\$200 for non-members.

The Native Village of Afognak (NVA) is a native tribal organization but registration is open to all native and non-native youth. Registration preference is offered to tribal membership and descendants prior to registration deadline. For more information regarding Dig Afognak Camps, please call the Native Village of Afognak at 486-6357 or email nancy@afognak.org, or kate@afognak.org.

****Due to the high participation requests please prioritize the camps you want to attend. Notice of cancellation must be received prior to the registration deadline in order to receive a registration refund.**

Tribal Member Contact Information



NVA needs updated addresses for the following Tribal Members, give us a call if you have any information . Quayanaa!

Michelle Novotny	Kristjan Olsen	Frederick Chouinard	Mary Blankenship
Roy Skinner III	Christopher Clark	Lucille Dulin	Garret Schmidt
Gilbert Mathis	Barbara Palmer	Jerzee Hall	Gordan McCormick
Martin Palmer	Debra Mullan	Myrtle Kelley	Izair Chute
Nicole Charters	Alexandra Leslie	Jodi McDonald	Jalani King
Dorrie Wamser	Robert Chouinard	Thomas Mathis	Valerie King
Jill Ware	Susan Mathis	Ellsworth Warner	Nathan Alexander
Carmella Buchanan	Viola Skinner	Robert Halmsteiner	Carol Valley
Theresa Etheridge	Valerie Benson	Althea Halmsteiner	Maximus Harris

People of Afognak Photo



Can you identify the person featured in this photo? If you can, email your answer to taletha@afognak.org.
If you are the first to answer correctly, you will receive a prize.



New Staff

Cama'it! My name is Lynda "Saqaingatak" Lorenson, and I am happy to have returned to the Native Village of Afognak as of February 1st as the Grants Manager. If I seem familiar it is because I have worked for NVA before as the Alutiiq Language Curriculum Coordinator from 2012-2015.



Lynda, Ashlee, Jason
Bryan & Nicholas

My family is from Afognak Island, my paternal grandfather is Rudolph Lorenson and my father is Gene Lorenson. My husband Jason and I have three wonderful kids: Bryan

9, Nicholas 6 and Ashlee 2. We enjoy all the outdoor adventures the island has to offer. I look forward to once again working with the tribe and the wonderful people that work here. Quyanaa!

ANNOUNCEMENT!

DIG AFOGNAK ZIP LINE



The newly installed zip line at Dig Afognak has certain requirements and recommendations that we wanted all camp attendees to be aware of.

Age Requirements: Participant must be at least 7 years old and fit appropriately into harness.

Weight Limits: Minimum 60 lbs Maximum: 280 lbs

Height Requirements: Minimum 3'6" Maximum 7'

SPOIL YOUR GARDEN ROTTEN WITH HOMEMADE COMPOST



WHAT IS COMPOST?

A great way to recycle unwanted organic materials and turn

HOW DOES COMPOST WORK?



Microbes thrive on the heat, moisture and oxygen in your compost pile and work hard eating and reproducing. Which turns the

WHAT YOU NEED:

3 foot cubed pile on ground or in container

1 part fresh green material

2 parts brown materials

Oxygen & Water



COMPOSTING BASICS:

PUT IT IN!

Dry browns: (carbon)

- Dead leaves
- Hay and straw
- Wood shavings
- Wood ash
- All paper, shredded
- Natural fibers such as wool and cotton

Fresh Greens: (nitrogen)

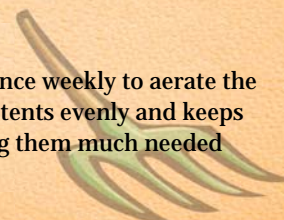
- Kitchen veggies and fruit scraps
- Nutshells, eggshells, corncobs
- Yard scraps, grass clippings, weeds
- Pet hair
- Dirt and dust from dustpan or vacuum

LEAVE IT OUT!

- Meat and bones
- Dairy products
- Diseased plants
- Oily and fatty food
- Manure from carnivores

STIR IT UP!

Turn and mix the compost once weekly to aerate the pile. This distributes the contents evenly and keeps the microbes happy by giving them much needed oxygen



WATER IT!

Add just enough water so the compost feels like a moist sponge. Too much or too little water will slow the process.



Dig Afognak



NVA Council & Staff would like to thank everyone who attended, donated and volunteered for our second annual Dig Afognak Dinner and Live auction. We had over 50 vendors donate an astonishing array of very nice auction items. At the event, we had a live and silent auction in which all items were purchased. There were 200 tickets available and 188 were sold. With the 2017 Dig Afognak season on the horizon, this dinner raised us over \$17,000.00!

Quyanaa to our Donors & Volunteers from the Dinner and Auction



Afognak Native Corporation
Whale Pass Lodge
Mark Witteveen
Andi Olson
Susan Malutin
June Pardue
Kodiak Chamber of Commerce
Sun'aq Tribe of Kodiak
Yvonne Mullan
Malia Villegas
Loren Anderson
Kodiak Helicopters, LLC
Island Air
Koniag Inc.
Mitchel Brumlow
Alaska Native Heritage Center
Jane Robinson
Natasha Hayden
Native Bridge
Nancy Nelson
Kodiak Brown Bear Center
Bruce Nelson
Alyssa Brenteson
Gage and Hanna Sholl
Loretta Nelson
Kodiak Marine Supply
Ruth Dawson
Kathy Johnson
Teresa Smith
Candace Branson
Brea Dawson
Chris & Tom Abell
Jessica May
Lydia Olsen
Janelle Barton

Mary Lou Lokanin
The Beauty Bar
Gloria Selby
Natalia Schneider
Kodiak Arts Council
Dee's Mermaid Galley
Emerson Boat works
Nils Gronn
Olga Rowland
MaryAnn Holmes
Bear Becker
Dee Jerling
Alutiiq Museum
Jordan Hayden
O'Raun Anderson
Cindy Baldwin
Stacey Simmons
Sean Hales
Elizabeth Borton
Jeremy Kewan
Aiyana Gertz
Amber Borton
Lacey Nugent
Sadie Coyle
Sarah Carlson
Daniel Carlson
Ocean Beauty Seafoods

In addition to all the dinner fundraiser donations we want to thank the following individuals for the cash donations

Marius and Andi Olsen
Richard Borton
Sun'aq Tribe of Kodiak
Julia Naughton
Carl and Lorraine Ellison
Natives of Kodiak
Alaskan Leader Foundation
American Seafoods Company LLC
Greg and Melissa Hambright
Matson Navigation Company Inc.
Loretta Nelson





ENVIRONMENTAL

Homemade Pest Traps Spring will be creeping in shortly and with it comes household pests such as fruit flies, flies and spiders. Below you will find some simple homemade traps to keep these pesky critters at bay!

Fruit Flies:

Pour vinegar into a wide-mouth jar and add a dash of dish soap. Shake vigorously. Fruit flies are attracted to the smell of vinegar, and the dish soap breaks down the surface tension of vinegar, causing the flies to drown.

Flies:

Homemade fly paper is easy! Cut a brown grocery bag into strips about two to three inches wide, punch a hole at one end and string some twine through it BEFORE you coat with the sticky mixture. In a saucepan mix ¼ cup sugar, ¼ honey or corn syrup and 2 tablespoons water on low heat, and stir until the mixture dissolves. Pour mixture into a shallow bowl and dip the paper strips on both sides until coated. You'll need to hang them to dry, so make sure there is something beneath the catch the drips. Once hung, the paper will eventually lose some of its stickiness, in which case it can be re-spritzed with sugar water.

Spiders:

Fill a spray bottle with water, and add about a half a teaspoon of dish soap and a teaspoon of strong smelling essential oil (lemon, lavender, tea tree, grapefruit or citronella) Spritz in common spider hangouts- behind bookshelves, under beds, etc. To keep the scent strong, spritz every other day.

INDOOR AIR QUALITY AND YOUR HOME

DID YOU KNOW?

- Indoor air pollution is one of the top 5 environmental risks to public health
- Indoor air pollution can be 100x the amount of pollutants found in the air outside
- Outside pollution is carried by the wind and disperses over the air, but indoors it builds up and can be hazardous to your health
- Many substances inside your house can cause indoor air pollution.
- 30% of all buildings pose a serious health hazard due to indoor air pollution
- Asthma is a serious, sometime life threatening respiratory disease. Environmental asthma triggers are found around the home.

What you can do to improve indoor air quality

- Dust mites and mold love moisture. The key to control mold is to control moisture. Keeping humidity around 30%-50% helps keep them and other allergens under control.
- Test for radon. This colorless, odorless gas significantly raises the risk of lung cancer. Radon is a radioactive gas that comes from the natural decay of uranium found in nearly all soils. It typically moves up through the ground and into your home through cracks and holes in the foundation.
- Chemicals and allergens can accumulate in household dust for decades. By using a vacuum with a HEPA filter, you can reduce concentrations of lead in your home. You can also get rid of other toxins, like brominated fire-retardant chemicals (PBDEs) as well as allergens like pollen, pet dander and dust mites.



See **ENVIRONMENTAL**, Page 7



9 TIPS FOR LIVING WITH LESS PLASTIC



1 Bring your own shopping bag



2 Carry a reusable water bottle



3 Bring your own cup



4 Pack your lunch in reusable containers



5 Say no to disposable straws & cutlery



6 Skip the plastic produce bags



7 Slow down and dine in



8 Store leftovers in glass jars



9 Share these tips with your friends



WWW.LESSPLASTIC.CO.UK

Aq'wanermiut Liitut Scholarship

Atagua to Kristy Carpenter, recipient of the Native Village of Afognak Aq'wanermiut Liitut scholarship! Kristy is studying Computer Science and Molecular Biology at MIT, and is an Alutiiq language learner who fosters strong connections to community. Congratulations Kristy!



The next Aq'wanermiut Liitut Scholarship deadline is June 1, 2017, for more information please see Koniag Education Foundations website. www.koniageducation.org