



# AG'WANERMUT

AFOGNAK  
PEOPLE'S  
NEWSLETTER

## KASITAQ

### Chair Letter

Cama'i Tribal Members and Happy Spring. Spring has sprung in Kodiak and our warmer weather and breaks of sunshine have everyone looking forward to summer. Our staff did their first site visit of 2016 to camp in March and was pleasantly surprised to see we survived the winter pretty well. The new kenirwik did beautifully and except for a few downed trees we have minimal work to get prepared for this season.

Staff are beginning to plan the details and activities for this season's camps and the registration packets hit our website on March 31st. We have had many calls prior from people anxious to sign up early, so don't delay if you want to attend this year. We always need various volunteers for camp so if you're interested in helping out with either set up, end of season or chaperoning youth, please contact our office.

We would also like to give a huge quyanaasinaq to all who donated to, attended and volunteered to put on our first annual Dig Afognak Fundraising Dinner and Live Auction. Not only was the event a fun event but we raised \$16,000 towards Dig Afognak this year. If you missed it this year, don't worry, mark your calendars for next year's event in February 2017.

As always, we hope to see many of you at our Dig Afognak camps this summer and at our Afognak Family Picnic scheduled for July 16th. Limited charters will be available for \$50 per person. Contact our office if you're interested in attending.



Cama'i! I'm Bessie Weston, or Angagar/Caq'ar in my Cup'ig language. I

### Staff Spotlight

am full blood Cup'ig raised in Mekoryuk, on Nunivak Island in the Bering Sea. I have a 4-year old son named Trace, or Qiuryugar (Qiu for short). Trace and I moved here to Kodiak in October 2012. My years before were spent pursuing higher education in which I received an Associate of Applied Science (AAS) degree in Automotive Technology, an AAS degree in Process Technology, an

AAS degree in Occupational Safety and Health and a Bachelor of Science degree in Technology with a Geology minor. I also spent a brief year in a Master of Science program in Project Management.

I started working at NVA in April 2013. I serve you as the Environmental Program Assistant in the Environmental Department, Tribal Transportation Coordinator in

See **SPOTLIGHT**, Page 9



## Tribal Member Contact Information

NVA needs updated addresses  
for the following people, give us  
a call if you have any  
information. Thank you!



Roy Edward Skinner III  
Gilbert John Mathis  
Jo Ann Palmer  
Martin Ray Palmer  
Nicole Roxanne Charters  
Frederick John Malutin  
Dorrie Lynn Wamser  
Theresa Jo Etheridge  
David William Schott  
Lisa T. Rhodes  
Kristjan J Olsen  
Alexandra W. Leslie  
Robert Alan Chouinard  
Susan Ann Mathis  
Viola Louise Skinner  
Valerie Kansas Benson  
Frederick Lee Chouinard  
Lucille Rae Dulin  
Myrtle Ann Kelly  
Jodi Kay McDonald  
Thomas Gordon Mathis  
Ellsworth Alfred Warner  
Robert J. Halmsteiner  
Althea Denise Halmsteiner  
Mary Jean Blankenship  
Garret Lane Schmidt  
Gordan Charles McCormick  
Richard D. Frost  
Izair Ronald Chute



If you have a special announcements that  
you would like to share in our newsletter  
please email

Nina at [nina@afognak.org](mailto:nina@afognak.org).



## Dig Afognak Summer Camp Raffle



# \$10,000 Grand Prize

**Tickets are \$100.00**

**Permit#2317**

1st Ticket \$300.00	200th Ticket \$300
25th Ticket \$150.00	225th Ticket \$150
50th Ticket \$150.00	250th Ticket \$150
75th Ticket \$150.00	275th Ticket \$150
100th Ticket \$300.00	300th Ticket \$200.00
125th Ticket \$150.00	325th Ticket \$350.00
150th Ticket \$150.00	349th Ticket \$1,000.00
175th Ticket \$150.00	350th Ticket \$10,000.00

**Need not be present to win**

**Drawing Held Crabfest Weekend  
At the Sun'aq Bingo Hall**

**May 28, 2016 @ 2:00pm**

*For further information call the staff  
at Native Village of Afognak.*

*All proceeds go to benefit Dig  
Afognak Summer Youth Camps.*



## Child Abuse Prevention Month



For the month of April Native Village of Afognak partnered with Kodiak Women's Resource Center, Sun'ag Tribe of Kodiak, and KANA's Child Advocacy Center to promote Child Abuse Prevention month. We worked together to do a variety of activities such as PSA's, blue pinwheels displayed on the Kodiak Police Department lawn, and also a display at the Gerald C. Wilson Auditorium, which featured 150 pairs of children's shoes each representing a local child who has been involved in an investigation of child abuse by the Kodiak Child Advocacy Center.



Ten things you can do all year to help prevent child abuse:

1. Volunteer your time with an agency that serves children and families. Some examples might be an after school program, a mentoring program or a parenting class.
2. Educate yourself and others about what child abuse is.
3. Support local programs that prevent child abuse. Consider asking your church or social group to do a fundraiser for an organization that prevents child abuse or works with abused children.
4. Teach your children their rights. Teach them that it is ok to say no. Help them learn who the supportive, trusting, and caring adults are in their lives, and make sure they know who they can talk to if they are hurt in any way.
5. Teach children to solve problems without violence. Set a good example by avoiding using violence to discipline children or pets.

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6. **Get to know your neighbors and their children. Offer to help neighbors, and ask for their help occasionally.**
7. **If you know of a family that's under stress, offer to help out by babysitting or helping with chores.**
8. **Find out what resources are available in your community to families, such as parenting support groups, sliding-scale counseling or crisis respite care.**
9. **Know your children's friends. Make them feel welcome in your home.**
10. **If you feel that a child is being abused, report it. One phone call could save a child's life. The authorities will not tell anyone who made the report. But, educate yourself and know the warning signs!**

April is National Child Abuse Prevention month, a nationwide effort to raise public awareness about and take a stand against child abuse and neglect. It is a time to acknowledge the importance of families and communities working together to prevent child abuse and neglect, and to promote the social and emotional well-being of children and families.

We believe our children deserve to grow up in a safe and nurturing environment to assure they reach their full potential, by addressing child abuse in our community and being able to report what you see and hear is a responsibility we all should have.

At the Alaska Children's Alliance, empowering Alaska to serve children victims of abuse reports, according to the Alaska Department of Health and Social Services, nearly 2,000 Alaskan children were in out-of-home placement in January 2014. The vast majority of those cases were due to child abuse and neglect. Office of Children's Services Director, Christy Lawton puts it like this: "Unfortunately, child abuse is happening in Alaska every day, in every community, among every ethnicity, and every socioeconomic group."

By supporting our families and protecting children all year round, here are

some things we can do to make a difference;

For your family:

- As a parent, block out 15 minutes a day to play one-on-one with your child.
- Tell the children or youth in your life how much you care for them.
- Work with the kids in your life to explore their heritage and learn their family's story.
- Connect with grandparents to preserve cultural heritage. Grandparents are an incredible source of cultural heritage from traditions to language and food!

For friends and neighbors:

- Compliment a father, someone you know or even someone in public on something positive you see him do with his children. Dads contribute uniquely to children's development.
- Offer your time to baby-sit for the child of a friend, neighbor or family member.
- Mentor a young dad you know in growing his relationship with his kids.

For your community:

- Create a "Safe Children Zone" in your neighborhood. Host a community meeting with your neighbors to talk about what each of you can do to help create a sense of safety for the children

in your neighborhood.

- Volunteer at or donate resources to a local preschool or daycare center.
- Become a foster parent.

It is often possible to work with the family to help them solve their problems.

It isn't easy, but people can change. If you know about or have a reasonable suspicion of child abuse or neglect, REPORT IT, within 24 hours to the nearest office of the Office of Children's Services.





## Pajama

### Reading/ Homework Night at the Library!



**Who:** Children ages 6-8 and a Parent,  
Grandparent, Loved one, or Guardian

**When:** Tuesday, May 3, 6:45-7:30

**Where:** Kodiak Public Library 612 Egan Way-Craft Room

**What:** **Wear your pajamas** and bring your homework. We'll be reading *Naama Amitatuk?* and other books from the library and have a snack together.

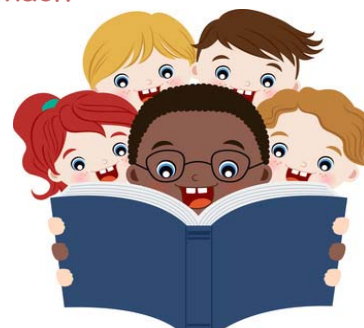


INSTITUTE of  
**Museum and Library**  
SERVICES



Public Library of  
**KODIAK** Alaska

907.486.8688  
[www.city.kodiak.ak.us/library](http://www.city.kodiak.ak.us/library)  
612 Egan Way, Kodiak, AK 99615



## People of Afognak Photo



Can you identify the people featured in this photo?  
If you can, email your answer to [talettha@afognak.org](mailto:talettha@afognak.org).  
If you are the first to answer  
correctly, you will receive a prize.

The answer to People of  
Afognak Photo is:  
Tina and Olga  
Rowland  
Gloria Bishop was the  
first to answer  
correctly.



### ATTENTION!

Native Village of Afognak is looking for old  
Afognak photo's. If you would like to share your  
photos please email them to  
[talettha@afognak.org](mailto:talettha@afognak.org) or mail a copy to 323  
Carolyn St. Kodiak, Alaska 99615. Please  
include names of who is in the photos.  
Thanks so much!



## 2016 Dig Afognak Camps

Camp registration fees (per camp) - \$100 per NVA members, \$200 per non-member

\$100 Afognak Shareholder's Camp

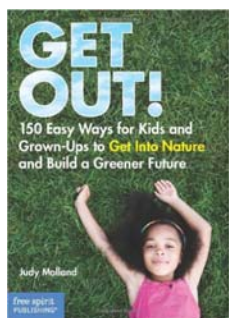
**Payment due with Application**

**Elders and verified KIHA recipients are exempt from all camp fees.**

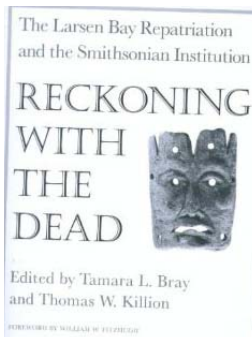
Traditional Harvesting/Earth Camp	<b>Register by June 17</b>	June 24 - June 29
Dig Afognak's "Survivor" Camp	<b>Register by June 29</b>	July 06 - July 11
Afognak Shareholder's Camp	<b>Register by July 09</b>	July 15 - July 19
Cauyaq "Music" /Language Camp	<b>Register by July 17</b>	July 23 - July 28

## *Nadia Mullan Alutiig Heritage Library Features*

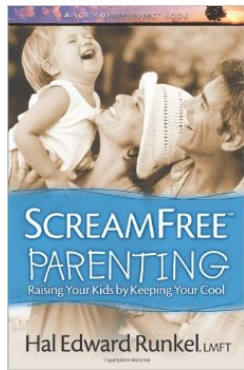
Here are a few books featured in our library. Visit our website at [www.afognak.org](http://www.afognak.org) to find more books!



*Get Out! 150 Easy Ways for Kids and Grown-ups to get into nature & Build a Greener Future*  
*Get out!* Is chockful of ideas to help families, classrooms and groups to achieve these goals and more, including choosing an issue and taking a stand. Open to any page and find something to do today. The payoff is huge: not only is nature just plain awesome to be in, research shows that spending time outdoors can actually improve our physical and emotional health.



*Reckoning With The Dead* The Larsen Bay Repatriation and the Smithsonian Institution  
Juxtaposing the divergent views of Native Americans, archaeologists, and museum and legal experts, this book presents a controversial and highly visible case study-the first to illustrate the complexity of repatriation. In the 1930's the Smithsonian Institution's first physical anthropologist, Ales Hrdlicka, excavated an ancient burial ground near the modern community of Larsen Bay, Alaska. In 1991, after several years of controversy, the Smithsonian returned several hundred human skeletons and funerary objects to the community for reburial. A watershed event in the history of social science, the Larsen Bay repatriation request challenged archaeologists to confront the ethical and moral problems inherent in their treatment of Native American burial grounds. For the museum curators involved, the outcome substituted vague and untested guidelines for the heretofore sacrosanct principle of protecting valuable scientific collections; for Native Americans, it marked a turning point in a long, painful history of invasive studies conducted by an often insensitive research establishment.



*Screamfree Parenting* Raising your kids by keeping your cool

Every kid want's to have "cool" parents. This does not mean parents hip to the latest styles, or parents with no rules whatsoever. What every kid really wants are parents who are able to keep their cool no matter what. Kids want parents to remain unflappable, even when they flip out. Turns out, that's exactly what they need. *Screamfree Parenting* is the principle-base approach that's inspiring parents everywhere to truly revolutionize their families. Moving beyond many of the child centered, technique-based approaches, the *Screamfree* way compels you to focus on yourself, grow yourself up, and calm yourself down.



# ENVIRONMENTAL



## Home Energy Efficiency

What is energy efficiency? Energy efficiency is a way of managing and restraining the growth in energy consumption. Something is more energy efficient if it delivers more services for the same energy input, or the same services for less energy input.

### Some energy efficiency practices include:

- ♣ Covering bare floors with carpeting or area rugs provide heat retention.
- ♣ Raising the temperature slowly. Quickly raising your heat pumps temperature activates the heat strip, which uses tons of energy.
- ♣ Lowering your thermostat every time you leave your house.
- ♣ Use the appropriate bulb for your light fixtures.
- ♣ Replacing halogen light bulbs with Compact Fluorescent Lamps (CFLs) .
- ♣ Selecting light-colored lamp shades and place in corners so that light is reflected from two walls.
- ♣ Using microwaves or toaster ovens for cooking or warming. They use less energy than a conventional oven.
- ♣ Dusting your refrigerator coils.
- ♣ Washing and drying several loads at once so that the dryer does not completely cool down between loads.
- ♣ Washing clothes with cold water.
- ♣ Installing aerating, low-flow faucets and showerheads.
- ♣ Reducing water heater temperature to 120 degrees Fahrenheit.
- ♣ Plugging electronics into a power strip and turn the strip off when not in use.
- ♣ Unplugging battery chargers when not in use.



**What energy efficiency practices would you suggest? Feel free to contact Bessie by email at [bessie@afognak.org](mailto:bessie@afognak.org), or Nancy at**



## Dig Afognak

*Quyanaasinaq to the following individuals and organizations for their generous support to the Dig Afognak Youth Camp! With funding becoming harder to secure, camp would not be possible without your support. A special thank you to Matt Thorpe for getting us donations from other businesses outside Kodiak, we deeply appreciate what you did.*

- Robert Thorp
- Alaska Frontier Constructors
- KONIAG INC.
- Marius & Andi Olsen
- Kodiak Area Native Association
- Ice Services
- Alaska Energy Services
- Alaska Executive Search Inc.
- Hans Olsen Jr. Inc.
- Matson Foundation
- Matthew Neagley
- Chery Sutter
- Sun'aq Tribal Bingo
- Native Village of Port Lions
- Loretta Nelson
- Old Harbor Native Corporation
- Price Gregory International
- Ouzinkie Native Corporation
- The Lynden Family of Companies
- Natives of Kodiak
- American Seafoods Company LLC
- Denise Burger
- Delta Leasing LLC
- RNV LLC
- Gloria Bishop
- Brock Simmons
- Afognak Native Corporation
- CIRI Foundation
- Alaska Humanities Forum
- Brennan Cain
- Reagan Tomlinson

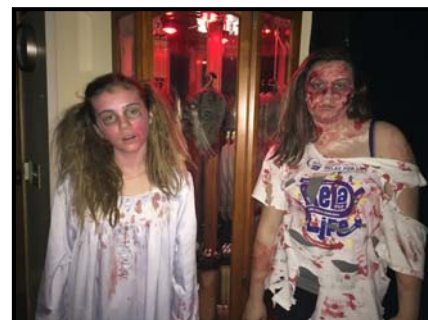
*We would like to express our thanks to those that volunteered time or donated items to support the Dig Afognak Youth Camp:*



- Rick Borton
- Charlie Jerling
- Scott Pillans
- Louis Rocheleau
- Kordell Pillans
- Geri Knagin
- Jesse Kreger
- Tonya Lee
- Nenana Tribe
- Dee Hughes
- Donna Vinberg
- Dale & Mindy Pruitt
- Gary Knagin
- Corinna Marton-Platt
- Peter Squartsoff
- Jesse & MaryAnn Holmes
- Bruce Broding
- Roger Malutin
- Guy & Bobbi Bartleson
- Barbara Voegtler
- Melissa Borton
- Neil Skonberg
- Frank Petersen
- Evelyn Russell
- Jessica Skonberg

*Those that volunteered for our Haunted House Fundraiser:*

- Chad Pruitt
- Neil Skonberg
- Wade Bartleson
- Sno-Bruins
- Candace Branson
- Alyssa Brentenson
- Anastasia Skonberg
- Malakai Olson
- Meagan Christiansen
- Loretta Nelson
- Stacey Simmons
- John Lisonbee
- Desiree Lisonbee
- Aiden Skonberg
- Natasha Hayden
- Jordon Hayden
- Elizabeth Borton
- Amber Borton
- Skyler Gertz
- Aiyana Gertz
- Michael Fields Jr.



*Fundraising Committee: Loretta Nelson, Natasha Hayden, Sean Hales, Stacey Simmons, Shurina Skonberg and Melissa Borton. A special thank you to Dee Hughes, Mary Ann Holmes and Sean Hales*

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*for the most delicious dinner! Also thank you to Bear Becker for volunteering to be our Auctioneer! A huge thanks you to our Youth that worked so hard not only with set up but serving and clearing the tables, you did a great job!*



*Thank you to the following that volunteered their help for the Dinner/Live Auction:*

- Stacey Simmons
- Teague Simmons
- Rylee Simmons
- Jordon Hayden
- O'Raun Andersen
- McKenna Christiansen
- Aiden Skonberg
- Anna Malutin
- Sherra Peterson
- Aiyana Gertz
- Amber Borton
- Sean Hales
- Irene Lind
- Natasha Hayden
- Rick Borton
- Emerald Island Taxi
- Kodiak Island Taxi
- Skyler Gertz
- Elizabeth Borton



*Quyanaasinaq to Doreen Andersen and the Sun'aq Tribal Bingo Employees for orchestrating a Dig Afognak Summer Camp Raffle! If we sell 350 tickets Dig Afognak will receive \$20,000.00! The drawing will take place during Crab Festival weekend, May 28<sup>th</sup>, 2:00 pm at the Sun'aq Tribal Bingo Hall. Tickets are \$100 and the grand prize is \$10,000.00, along with 15 other cash prizes! Please see Doreen and staff at the Sun'aq Bingo Hall, or stop by the Native Village of Afognak to purchase a ticket!*

#### SPOTLIGHT Continued from Page 1

the Tribal Transportation Program and Expeditor in the Dig Afognak Program. In addition, I assist in writing grant proposals and soon will also work to develop an Occupational Safety and Health Plan. Another current project is planting vegetables and herbs to be used at Dig Afognak camp.

My transition to Kodiak was extremely easy. Pieces of the Alutiiq culture and language are very similar to mine. I am grateful to be learning to read, write, and minimally speak the Alutiiq language. Initially I was blown away by the passionate efforts of NVA to keep the Alutiiq culture and language alive. Now, the programs and project efforts that are carefully and methodically planned and implemented are naturally assumed and expected. I am proud to be associated with NVA and continue looking forward to serving you. Quyanaasinaq.



#### If Teddy Bears Could Talk

If Teddy Bears could talk what would they say, what would they tell you  
about the children with whom they play?  
They might tell you things you don't want to hear, like  
Mommy hurt Tommy, or Daddy is who we fear.  
The Teddy Bears of children, are not just some toy,  
they're sometimes the only love felt by some little girl or boy.  
So when you see a child scared and alone find them a  
Teddy Bear in need of a home.  
Know that you've done good by the deed in your heart,  
you've given this child a place for love to start.

# *Native Village of Afognak*

323 CAROLYN STREET, KODIAK, AK 99615

## **TRIBAL COUNCIL**

Loretta Nelson, Chairman  
Meagan Christiansen, Vice Chairman  
Natasha Hayden, Secretary  
Loren Anderson, Member  
Jim Dunham, Member  
Ken Nelson Jr., Member  
Malia Villegas, Member

## **STAFF**

Melissa Borton, Tribal Administrator  
Nancy Nelson, Program Administrator  
Shurina Skonberg, Accounting Manager  
Denise Malutin, Cultural Programs Coordinator  
Taletha Gertz, Program Manager  
Nina Gronn, Executive Assistant  
Bessie Lea Weston, Environmental Program Assistant

Place  
Stamp  
Here

*Stay connected with us by liking our  
Facebook pages "Native Village of  
Afognak" and "Dig Afognak" to keep up  
to date with events !*

907-486-6357  
907-486-6529 FAX  
[www.afognak.org](http://www.afognak.org)



## *Special Announcements*



*Native Village of Afognak  
will be closed*



*March 30, 2016 in observance of Memorial Day*

*&*

*July 4, 2016 in observance of Independence Day*